

SOUTHERN CALIFORNIA'S AFFLUENT ENTERTAINMENT MAGAZINE

BRENTWOOD

spotlight

AN EYE ON BEAUTY

Dr. Babak Azizzadeh answers some of your questions about the latest in plastic surgery

DON'T BE ALARMED IF PLASTIC SURGEON, Dr. Babak Azizzadeh stares directly into your eyes. The Harvard-trained facial plastic surgeon believes that the eyes are the focal point of the human face; and therefore pays a significant amount of time to addressing the face's eye region. "Whenever I am asked to analyze a face, I first focus on the eyes. Every facial and nasal plastic surgical procedure should ultimately highlight the eyes," Azizzadeh insists. "Youthful rejuvenation of the eyes should be tailored to each individual."



An assistant clinical professor of surgery at UCLA and an attending surgeon at Cedars-Sinai Medical Center, Azizzadeh is just the right person to do the tailoring. He specializes exclusively in facial plastic surgery and he advocates a combination of non-invasive and surgical techniques to reverse the aging process.

For those stubborn little crow's feet and unsightly brow furrows, Azizzadeh recommends using a mixture of Botox and Restylane (recently approved by the FDA). "In combination," he says. "The results are more natural and persist for a longer duration." Botox relaxes the muscles in the region and Restylane fills in the wrinkles. The added bonus? The treatment is done in his office and patients are able to resume their normal activity with absolutely no downtime!

For those of you wearing sunglasses to hide the extra skin on your eyelids and puffiness underneath your baby blues, Azizzadeh recommends eyelid surgery, commonly known as "blepharoplasty." Although the surgery sounds like a mouthful — don't be alarmed. Azizzadeh advocates a "scar-less" technique that uses concealed incisions to obtain the desired results. He often combines eyelid surgery with endoscopic forehead lifts for patients with heavy brows in order to enhance the aesthetic outcome. His brow lifts are performed with small incisions hidden in the hairline and image guided telescopes.

Men take heed; Azizzadeh has noticed an increasing number of males seeking eyelid surgery in order to look younger. He believes eyelid surgery is one of the most effective methods to give men a youthful appearance. "Eyelid rejuvenation is extremely gratifying for the patient and the doctor," Azizzadeh concludes.

"The results are consistent, natural and long-lasting." The recovery time is short and the outcomes are extremely gratifying, leaving more time to blame your fantastic new looks on the gym.

No matter how hard you try, you simply cannot stop the aging process — only Azizzadeh can!

For more information on FACIAL PLASTIC SURGERY, visit www.facialplastics.info. Dr. Babak Azizzadeh can be reached at (310) 657-2203; 8670 Wilshire Blvd., Suite 200, Beverly Hills.

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